



## Understanding Your Child's Behaviour



There is no such thing as a perfect parent, or a perfect child. Parenting can be hard and it's about recognising that it is hard

The Health Visiting Service offer free behaviour workshops to parents and carers of children aged 0-5 years. We offer these sessions virtually. These sessions will be offered via Microsoft Teams which is a safe application used by the NHS.

This workshop explores:

- ❖ The reasons why children behave in the way they do!
- ❖ What causes poor behaviour
- ❖ How to encourage positive behaviour
- ❖ Information about our parenting programmes & the Walsall Way of Parenting
- ❖ Accessing 'Early Help' to support your child

To book on a session you can call our single point of access on **01922 603074**. We want to keep these sessions safe and open only to parents/carers of children with a Walsall GP. When you call, we will ask you a few details so that we can verify you and your child's details. Once you have booked a session, we will then send you an email invite to join that session nearer the time of the session. Your email will be hidden from other parents on the session.

